

FORCES HELPING AND HINDERING ME ACHIEVE MY PLANS

What "forces" are helping and hindering me? (Enter all the forces on the diagram below. Be exhaustive – do not be satisfied until all the forces are recorded. A force is defined as any factor which is dynamically affecting progress towards the intended change for a railway system is increased passenger safety then a helping force may be "specialized staff training" and a hindering force may be a "large number of false alarms").

Force Field Analysis

Helping forces	Hindering forces

How could I reduce or eliminate the hindering forces on the chart above?

Hindering forces	How to reduce or eliminate

How would I add new helping forces to the chart above?

New helping forces	How to add

Is the change a problem with unknown cause, a difficulty, a dilemma (a choice between options) or an opportunity (a change for advantage)?

I the change is a problem with unknown causes then what can I do to uncover the real causes?

How could I strengthen each of the helping forces on the chart above?

Helping forces	How to strengthen