

Spa treatments really are good enough to eat

A Berkshire hotel has recently opened a spa offering some rather unusual pampering treatments that most would rather eat than smear over their face.

The Spa at the Vineyard at Stockcross offers TruffleTherapy and 'ChocoTherapy', both of which are regarded as having beneficial, rejuvenating properties.

TruffleTherapy is said to be a growing Hollywood trend, its skin-toning effects ideal for those leading a hard-partying lifestyle.

ChocoTherapy, meanwhile, involves smothering the body with chocolate products and massaging for two hours which, unlike swallowing a similar quantity of the product, is said to actually guarantee inch loss.

The Spa also provides VinoTherapy – a deluxe treatment in which wine grapes are rubbed over your skin.

According to the hotel's website, "the VinoTherapy facial and body treatments work through the natural minerals and antioxidants contained in the grape and its skin".

"By detoxifying and rebalancing impurities the treatments help to improve skin tone as well as the effects of facial ageing, promoting calm and the sense of well-being."

The successful hotel, which is located near Newbury, also has a Michelin-starred restaurant and one of the most celebrated wine lists in the country – although these are definitely not intended to be smeared over your face!

