

Green Tea

Easter Eggs – Healthy Easter Gift Idea

China's Secret Teas have come up with an unusual Easter gift. Instead of the traditional chocolate Easter eggs, or easter baskets crammed with sweets, they've introduced some hand-crafted Easter eggs made from green tea, a healthy sugar-free alternative Easter gift with a difference.

The new regulations are there to aid co-Even though some traditional Easter gifts, such as bonnets or flowers, are inedible, most Easter gifts and basket fillers are edible and sweet. Why would anyone put green tea (even when hand-crafted to look like a chocolate Easter egg) in an Easter basket or give it to someone as an Easter gift?

Hazel Tan, the owner of China's Secret Teas, explains: "Easter gifts and Easter baskets stuffed full of chocolate and candy are delicious, but they can be a pain in the tummy if you eat too much of them.

Parents are understandably concerned that they shouldn't put too much sugar in children's baskets. By putting a few non-sweets in a basket, such as toys, flowers, decorated boiled eggs, and green tea, they can make an Easter basket look full, yet they can cut down on the sugar. Children love our flowering Easter tea eggs, especially if you let them help make it. Watch their eyes light up in amazement as they watch the tea eggs unfurl to reveal flower blossoms when hot water is added. They may even drink it willingly."

And will adults like green tea eggs as an Easter gift? "Absolutely," says Hazel, "Adults are becoming increasingly health conscious. Green tea is very healthy. So by giving them green tea eggs on Easter, you are telling them you love them and care about their health too."

For more information on green tea eggs or China's Secret, contact Hazel Tan on 07796 697315 or hazel@chinasecret.co.uk. To buy green tea online or find out more please visit www.chinasecret.co.uk.



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