

# An Unusual Valentines Day Gift – Healthy too

The most common Valentines Day gift of assorted chocolates is no longer acceptable for many people, and their sweeties are obliging them by giving them a heart-healthy alternative gift of a handcrafted heart-shaped green tea, instead.

China's Secret Teas is promoting their unique hand-molded heart-shaped green tea as a new, healthier alternative to the traditional Valentine's Day chocolate gifts. Hazel Tan explains, "On Valentines Day in the past, your safest bet was to give a box of chocolates as a gift. Not any more. Now a lot of people won't eat the chocolate you give them because they're on a diet, or they're watching their weight, or they have diabetes. Fortunately, green tea makes a great replacement for chocolate."

China's Secret heart-shaped green teas blossom to reveal two flowers from each half of the heart, when hot water is added. You can make up to 5 cups of tea with that too.

Hazel believes this is ideal for people who want a Valentine's Day gift that is healthy and unusual. "It's the safest thing for them to do.

Especially if they aren't sure what other type of gift the person would like, or if they don't know if the person is on a diet. It's really healthy and classy, so nobody complains when they get green tea."

For more information on China's Secret teas including the heart-shaped green teas, contact Hazel Tan on 0779 669 7315 or by email: [hazel@chinasecret.co.uk](mailto:hazel@chinasecret.co.uk). To buy green tea online visit [www.chinasecret.co.uk](http://www.chinasecret.co.uk).



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