

Would you like to regain your youthful looks..?
You are cordially invited to join us for a ladies facial rejuvenation evening...

The evening will consist of an informative talk by Dr Day and Dr Katz on the merits of Botox, fillers, microdermabrasion, and modern dental treatments. They will also perform two treatments to enable you to see the results first hand...

Sharon Connolly, Maximise Group will be giving a brief talk on how to make the most of yourself, including which clothing and colours would suit you best, she will be available all evening for one to one discussions....

Trudy Dixon, Bridal Bootcamp will discuss her 10 week training camp for bridal parties wishing to get fit, also personalised nutrition programmes based around your lifestyle along with fitness and pampering sessions...

Sara Hallam, Beauty at Appledore will be available to discuss any beauty requirements you may have, including skin tag/thread vein removal and electrolysis...

After this there will be time for some treatments to take place...

Available evenings currently 12th April, 31st May and 12th July from 6.30pm onwards

10% discount will apply to all treatments undertaken on these evenings providing you book in advance

**Places are limited and going fast, phone 01344 867 144 or
email paula@appledore and confirm your place today...**

