

RUNNERS AND WALKERS WANTED

**NEED TO KEEP FIT AND LOSE
WEIGHT AFTER CHRISTMAS?**

Keep fit and help children with life limiting illnesses too – just call Stevie on 07920 0 00 40 or email: stevieh@adcct.com to register your interest. You will receive a free place, Tshirt and sponsor forms.

READING HALF MARATHON AT 10AM

**THE GREEN PARK CHALLENGE AT 8AM
THIS IS JUST 2.8 KMS WALK OR RUN
FOR ALL THE FAMILY**

BOTH ON 2ND MARCH 2008

Thank you to the volunteers who have agreed to Marshall on the day. They will work under cover and be taking in runners kit from the Green Park Challenge. although it is an early start Marshals will finish early. A great atmosphere on a great day.

Please call Call Stevie Horton on
07920 0 00 40
or email: stevie@adcct.com



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